



SALLISAW PUBLIC SCHOOLS

Eastside Elementary School

Breakfast and Lunch Menu

May 2023



Alternate Cereal and Grahams available for breakfast each day.

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2022-2023 School year.		
1	2	3	4	5
Ham and Cheese Biscuit Fruit Juice, Milk	Yogurt and Toast Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Cheese Omelet and Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Turkey and Cheese Wrap Goldfish Seasoned Carrots Fresh Fruit and Vegetable Bar Cookie Milk	Chicken Tortilla Soup Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Salisbury Steak Mashed Potatoes & Gravy Black Eyed Peas Hot Roll Fresh Fruit and Vegetable Bar Milk	Pulled Pork Sandwich Baked Beans Pickle Spear Corn Chips Fresh Fruit and Vegetable Bar Milk	Chef Salad Diced Ham and Shredded Cheese Breadstick Fresh Fruit and Vegetable Bar Apple Crisp Milk
CornDog/Veggie	SAME	Chicken Nuggets/Potato	SAME	PBJ/Veggie
8	9	10	11	12
Sausage, Egg & Cheese Biscuit Fruit Juice, Milk	Breakfast Nachos Fruit Juice, Milk	Oatmeal and Cinnamon Toast Fruit Juice, Milk	Bacon, Eggs and Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Mr. Ribb Sandwich Buttered Peas Pickles Fresh Fruit and Vegetable Bar Cookie Milk	Crispito w/Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken and Waffles Strawberries Syrup Cup Fresh Fruit and Vegetable Bar Milk	Baked Potato "Fixins" Breadstick Fresh Fruit and Vegetable Bar Ice Cream Milk	Cheesy Breadsticks Marinara Sauce Tossed Salad Fresh Fruit and Vegetable Bar Milk
CornDog/Veggie	SAME	Chicken Nuggets/Potato	SAME	Pizza/Veggie
15	16	17	18	19
Sausage Biscuit Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Peach Parfait Fruit Juice, Milk	Cereal and Grahams Fruit Juice, Milk	GRADUATION
Corn Dog Broccoli and Cheese Fresh Fruit and Vegetable Bar Cookie Milk	Hamburger Pork n Beans Lettuce, Tomato and Pickle Fresh Fruit and Vegetable Bar Milk	Chef's Choice Mashed Potatoes & Gravy Bread and Butter Fresh Fruit and Vegetable Bar Milk	Sack Lunch Turkey Sub w/ Goldfish Baby Carrots w/ Ranch Fruit Cup Milk LAST DAY OF SCHOOL	
SAME	SAME	SAME	SAME	

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.